



The Female Body in Mind: The Interface Between the Female Body and Mental Health

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The Female Body in Mind introduces new ways of thinking about issues of women's mental health assessment and treatment. Its multidisciplinary approach incorporates social, psychological, biological and philosophical perspectives on the female body.

The contributions, from notable academics in the field of women's mental health, examine the relationship between women's bodies, society and culture, demonstrating how the body has become a platform for women's expression of their distress and anguish. The book is divided into six sections, all centred on the theme of the body, covering:

- The body at risk.
- The hurting body.
- The reproductive body.
- The interactive body.
- Body-sensitive therapies.
- The body on my mind.

All professionals involved in women's mental health will welcome this exploration of the complexities involved in the relationship between women bodies and their mental health.

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