



# Passive-Aggression: A Guide for the Therapist, the Patient and the Victim

*Martin Kantor*

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## **Passive-Aggression: A Guide for the Therapist, the Patient and the Victim** Martin Kantor

With absorbing detail and deftness, Kantor gives clinical descriptions of the dynamics in this overlooked syndrome: Passive-Aggressive Personality Disorder. It is a syndrome rooted in poorly suppressed, thinly disguised, and indirectly unleashed anger. This volume presents a scientifically based approach to the patient that will help him or her deal with anger in a healthier, and sometimes life-saving, way.

An eclectic approach?including psychodynamic, cognitive-behavioral, and interpersonal techniques?is used to answer the two most important questions of passive-aggression: Why is the passive-aggressive so angry? And why cannot he or she express the anger more directly? Therapists can also use this approach to help the victims of passive-aggression and minimize the suffering that occurs in relationships with these difficult people.

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This Passive-Aggression: A Guide for the Therapist, the Patient and the Victim is fresh way for you who has intense curiosity to look for some information mainly because it relief your hunger of information. Getting deeper you in it getting knowledge more you know otherwise you who still having tiny amount of digest in reading this Passive-Aggression: A Guide for the Therapist, the Patient and the Victim can be the light food to suit your needs because the information inside this book is easy to get by simply anyone. These books develop itself in the form which is reachable by anyone, sure I mean in the e-book type. People who think that in guide form make them feel tired even dizzy this reserve is the answer. So there is no in reading a guide especially this one. You can find what you are looking for. It should be here for anyone. So , don't miss the item! Just read this e-book type for your better life as well as knowledge.

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