



Chakra Energy Massage: Spiritual Evolution into the Subconscious Through Activation of the Energy Points of the Feet

Marianne Uhl

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This book guides you into the fascinating world of the energy body. Draws on the knowledge gained by Foot Reflexology Massage, by which the individual energy centers of the human body can be activated. By means of the fine energy channels connecting them to the body's organs and energy centers, our feet reflect our physical and psychic condition.

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