



# Counseling People with Early-Stage Alzheimer's Disease

Robyn Yale L.C.S.W.

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People with early dementia face enormous challenges in coping with their condition, yet they typically receive no personalized education or support following the diagnosis. Counseling empowers them to understand and come to terms with the illness while also learning to manage and make healthy adaptations to it. With the rapid increase in people diagnosed with early memory impairment and demand for better support services this groundbreaking new guide gives you essential tools to become an integral partner in a process that helps people adjust to the many changes in their lives.

Presenting an innovative new counseling framework designed around the unique problems and needs arising from dementia, Counseling People with Early-Stage Alzheimer s Disease guides the counselor and client through the many emotional, practical, and lifestyle issues to be faced.

In her new and easy-to-follow protocol, Robyn Yale an internationally renowned expert on early-stage support groups explores topics that include identity and self-esteem, resilience, relating to and educating others, stress management, and more. You will come away with an expanded repertoire of specialized skills and support roles including coach, care planner, mediator, communications specialist, and problem solver that will dramatically improve your ability to assist people with early dementia to

work through complex emotions

tap into useful coping mechanisms

focus on capabilities

adapt to practical circumstances in their day-to-day activities

retain maximum autonomy over lifestyle preferences

find new ways to move forward with their lives

At the heart of this approach is the unique story behind each relationship forged between the person with dementia and the counselor. It is sure to spark inspiration and self-discovery in yourself and in those with whom you work!



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