

The Tao of Equus: A Woman's Journey of Healing & Transformation Through the Way

Linda Kohanov



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In the Tao of Equus, author Linda Kohanov intertwines the story of how she awakened to the spiritual presence of horses with compelling mythology, research, and personal anecdotes. The result is an extraordinary story of healing an communication that turns our conventional understanding of these amazing creatures upside down. She reveals a potent feminine perspective in horses and shows how this equine-based wisdom can help heal and empower themselves.

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