



The Everything Tween Book: A Parent's Guide to Surviving the Turbulent Pre-Teen Years

Linda Sonna

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Has your daughter started wearing makeup and thinking about boys - years before you dreamed it could happen? Are you concerned that your son has been acting up and talking back - while you're sure you should still be his hero?

As you know, the "tween" years, which fall between the ages of eight and twelve, can often be a challenging time for both you and your child. *The Everything Tween Book*, written by child psychologist Dr. Linda Sonna, helps you navigate the trying years between childhood and adolescence. From addressing such serious issues as eating disorders and school violence to learning tolerance for pink and blue hair, *The Everything Tween Book* helps you understand and cope with your child's psychological, social, and emotional needs.

The Everything Tween Book provides sound, professional advice on:

- Understanding and dealing with rebellion
- Improving communication
- Disciplining
- Managing sibling spats
- Helping your tween face peer pressure
- Ensuring good health
- Teaching sex education

Packed with practical advice and reliable tips to help you get through the worst conflicts, *The Everything Tween Book* ensures that you stay sane while your tween blossoms into a healthy, happy, and mature young adult.



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Donald Hamann:

Have you spare time for any day? What do you do when you have a lot more or little spare time? Yeah, you can choose the suitable activity to get spend your time. Any person spent their spare time to take a move, shopping, or went to the actual Mall. How about open or even read a book entitled The Everything Tween Book: A Parent's Guide to Surviving the Turbulent Pre-Teen Years? Maybe it is for being best activity for you. You know beside you can spend your time together with your favorite's book, you can better than before. Do you agree with their opinion or you have different opinion?

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James Mace:

Are you kind of occupied person, only have 10 or perhaps 15 minute in your moment to upgrading your mind ability or thinking skill actually analytical thinking? Then you are having problem with the book compared to can satisfy your short space of time to read it because all this time you only find book that need more time to be examine. The Everything Tween Book: A Parent's Guide to Surviving the Turbulent Pre-Teen Years can be your answer mainly because it can be read by a person who have those short spare time problems.

Daniel Bailey:

What is your hobby? Have you heard that question when you got pupils? We believe that that question was given by teacher for their students. Many kinds of hobby, Every person has different hobby. Therefore you know that little person such as reading or as examining become their hobby. You need to know that reading is very important along with book as to be the factor. Book is important thing to increase you knowledge, except your own teacher or lecturer. You find good news or update about something by book. Different categories of books that can you go onto be your object. One of them is this The Everything Tween Book: A Parent's Guide to Surviving the Turbulent Pre-Teen Years.

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