

Freedom From Fear: What You Need To Know About Anxiety and Worry

Dr. Robert B Campbell



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Freedom From Fear: What You Need To Know About Anxiety and Worry Dr. Robert B Campbell Step into true Freedom From Fear! Why a Book on Fear? Over and over in my interaction with people that have health issues, I inevitably discover that they have some type of fear at work in their lives. That fear can take the form of stress, anxiety, fear, apprehension, worry, tension, etc. The amazing thing to me is that as I study healing and treatment for those maladies and diseases, almost without exception, fear is a major contributor to that sickness or disease. More and more the medical community is making that same discovery. They call it the "mind-body connection" to health. Of course this is not an insight God is unaware of. Rather, He has given us insights all through the Scriptures that link the issues of the heart and what we think to our health. I believe that if you will employ these principles and truths presented in the pages of this book, you will find freedom from fear, stress and anxiety which in turn will release your healing! Dr. Robert B. Campbell

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