



Is This Normal?: Girls Questions, Answered by the Editors of the Care & Keeping of You (American Girl)

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More than two million girls have read *The Care & Keeping of You*, and many of them wrote to *American Girl* with concerns about their own changing bodies. In this follow-up book, *Is This Normal?*, girls can read some of those letters, along with responses that may answer some of their own questions. The book isn't meant to be a substitute for conversations with parents. In fact, the last chapter of the book gives girls tips for talking with parents about puberty and other touchy topics. Armed with the information in this book, girls will feel ready for and excited about the changes ahead.

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