



## Sex: A Man's Guide

*Stefan Bechtel, Laurence Roy Stains, The Editors of Men's Health*

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# Sex: A Man's Guide

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What no one else will tell you.

\* How to read her body signals. The difference between vulgar and arousing language. Methods for lasting longer. The fine line between a friendly look and a hostile ogle. How exercise affects your lovemaking.

\* These are things every man should know. But who teaches such things? Not your doctor, not your father, not your best friend and certainly not a magazine filled with naked women. The solution? *Sex: A Man's Guide*, the first comprehensive book about sex written entirely for men, spoken in their own voices, covering what a real man wants to know and not what one expert thinks is good for you.

\* Inside you'll encounter not only the most authoritative advice on more than 130 sex topics, but also the voices of thousands of men just like you. You'll learn the tricks of enlightened males about healthy, happy sex and how it's far easier to achieve than you think. Some of what you'll encounter:

Afterplay: Why you should stay awake a little longer after sex/page 189

Positions: Dozens of couplings that can turn lovemaking into a dance/page 251

Harassment: Where to draw the line, professionally and socially/page 456

Aphrodisiacs: How to use chocolate to entice your partner/page 157

One-night stands: Why men are so open to casual sex/page 445

Stress: How to keep the daily grind from hurting your love life/page 385

Bondage: Why it's not as kinky and weird as you might think/page 196

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Sex drive: Why it's natural for men to be sexually hungry/page 60

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