



**Tell Me How To Be Happy: Design Your Inspired
Future With A Straightforward Method & Live
An Authentic Life With Unshakable Purpose
Maximizing Your Full Human Potential**

Louise M Evans

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Have you ever thought that the reason you seem to be sad is because you are living someone else's expectation of you? Rather than honoring your true authentic self? Or do you feel that because of mistakes you have made you are not worthy of being happy? We have all had disappointments and heartaches in our lives but the most important part of these life moments is the part where we pick ourselves up and use it for our own betterment. Louise will share with you 4 easy straightforward self help steps that she implemented in her own life to bring her out of a life that was once fuelled by toxic relationships, drugs, alcohol and a family that had been put through some of the most devastating circumstances. This will teach you how to improve your self esteem, establish your purpose in life. By following these suggestions you will find fulfillment in life and new dreams to pursue and achieve If you want to stop living in the shadows of others and shine your unique talents with confidence and start living again, you need to read Tell Me How To Be Happy

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