



# Instant Insight: 200 Ways to Create the Life You Really Want

*Jonathan Robinson*

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# Instant Insight: 200 Ways to Create the Life You Really Want

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**Instant Insight: 200 Ways to Create the Life You Really Want** Jonathan Robinson

Quickly Uncover Your Own Answers to Life's Challenges With

## **Instant Insight**

### **200 Ways to Create the Life You Really Want**

Inside you is a warehouse of wisdom. Finding a way to access this information is essential to creating the life you really want. In *Instant Insight*, noted therapist Jonathan Robinson shows you how to do just that. By answering specific, specially worded questions, you can immediately gain insight into all of life's issues. Like a 'pocket coach,' this book helps you discover how to have better relationships, create a fulfilling career, achieve your goals, solve difficult problems and have more enjoyment in your life.

Experience insight with simple yet provocative questions such as:

- What would help me to experience even more love in my life?
- If I knew I could not fail, what might I try to do for work?
- What is an important goal I'd like to achieve, and by when would I like to achieve it?
- What could I do that would bring me an even greater sense of joy and fulfillment?

Once you have the insight as to how to make your life better, this book provides you with an unsurpassed method to help you consistently act on your realizations. By uncovering and acting on your deepest desires and insights, you can make your life a living masterpiece!

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