

# Letting Go: How to finally let go of the past and move on (relationship advice for women, letting go, relationship books)

Peta-Gaye Reid

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## Letting Go: How to finally let go of the past and move on

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You're about to discover how to let go of the past.

This book helps persons who are going through a difficult time letting go of past failures, disappointments and pains. It is created to help you each step of the way to your recovery and to start a new life again. This book is for anyone who is having problems with letting go and who have tried other methods that haven't worked. It gives solutions on how you can let go and live the life that you want. Aren't you tired of holding on to the past which is blocking you from the happy future you deserve. Well this book is for you. Give it a try! The book provides proven steps on how you can let go of the past.

The truth is if you don't take action about letting go of the past it will start affecting your health, social life and self esteem. If you have been trying and haven't gotten any results it could be that you are not using an effective strategy that works. This book provides a great strategy on letting go that actually works.

### Here Is A Preview Of What You'll Learn...

- You Control your Destiny
- Walk away and fix you
- Our thoughts shape our reality
- Within every failure is an equivalent seed of success
- It's time to let go and move on
- Don't be afraid to begin again
- Forgiving the past
- Much, much more!

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## **Check Out What Others Are Saying...**

'Thanks PETA.. This book really help me a lots ... U gave me all the answers to my questions thanks' - David

'I love this book this book it helped me to move on from a difficult past' - Cathy

Tags: relationship advice for women, letting go, relationship books, letting go of the past, relationship advice, relationship guide, letting go of anger, moving on, difficult relationship, advice, let it go, moving on from a bad relationship, how to let go and move on, redefining myself



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