



Music, Healing and Harmony

Sally Fletcher

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Music, Healing and Harmony Sally Fletcher

Sally Fletcher, expert harpist, explains how to choose specific music for a wide variety of conditions and states of mind. The right music can aid healing, change your mood, reduce pain, help you sleep, improve your love life, increase your intelligence, help you relax, and lift you up spiritually. Music, Healing and Harmony is filled with research and fascinating stories.

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