



Emotional Intelligence In Action: Training and Coaching Activities for Leaders and Managers

Marcia Hughes, L. Bonita Patterson, James Bradford Terrell

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"Emotional Intelligence in Action" shows how to tap the power of EI through forty-six exercises that can be used to build effective emotional skills and create real change. The workouts are designed to align with the four leading emotional intelligence measures - EQ-I[registered] or EQ-360[trademark], ECI 360, MSCEIT[trademark], and EQ Map[registered] -or can be used independently or as part of a wider leadership and management development program. All of the book's forty-six exercises offer experiential learning scenarios that have been proven to enhance emotional intelligence competencies.

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