

# 27 Quick Life Transformation Tips: Simple & Effective Methods For Making This Your Best Year Ever

Greg Frost, Alvin Huang



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**27 Quick Life Transformation Tips: Simple & Effective Methods For Making This Your Best Year Ever** Greg Frost, Alvin Huang How Would You Like To Live Your Dream Life Right Now?

"27 QUICK LIFE TRANSFORMATION TIPS" is the definitive life-transformation guide that will grant you the ability to start living life on your own terms.

Consisting of simple, practical tips that will help you achieve success in various aspects of your life (wealth, health, relationships, etc), this book will show you the exact steps you'll need to take in order to live the life of your dreams.

Here are just some of what you can look forward to in "27 Quick Tips To Transform Your Life":

How To Build A Strong Foundation For Your Success

Discover the one overlooked secret of the most successful people in the world (this has nothing to do with luck or being born with a silver spoon in your mouth...)

Learn the importance of beliefs/principles in crafting an effective "success mindset"

The 3 key steps in building strong foundations for your success

Make Your Own Darn Luck!

The 4-step plan to creating and achieving your goals (a surprising number of people miss out Step #1... find out what this all-important step is, and why you MUST follow these 4 steps if you want to succeed) Simple ways to identify and seize opportunities

The big secret about "fate". So many people give up even before they try to succeed because they believe they're not "fated" to achieve anything in life. Learn how you can take charge of your own destiny with this one simple step...

Your Million Dollar 401(k): The Secret To Retiring Rich

4 foolproof tips to help you achieve your million dollar 401(k) for a comfortable retirement The one dumbfoundingly simple thing that so many people overlook when creating their savings plan Why you MUST start saving now (even if you plan to retire at 60)

Till Death Do Us Part: The Ugly Truth About Married Life

The nitty-gritty of life as husband and wife. Learn why 50% of marriages end up in divorce (but more importantly how you can avoid meeting such a fate)

3 golden rules to a long, successful marriage (many couples forget about Rule #2 and end up divorcing... don't let this happen to you!)

Why words aren't everything. You don't have to be a psychic to tell if your partner isn't happy... sometimes all it takes is a little attentive observation...

Detox Dangers: The Top 3 Detox Mistakes (And How To Avoid Them) The most common mistake people make when embarking on a detox cleanse (no amount of "cleansing" will do you good if you're making this incredibly silly mistake...)

Why the sauna might actually RUIN your detoxing efforts

The 6 most effective detox tips that will have you flushing out toxins from your body faster than any cleanse or diet out there

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