



Sigmund Freud (Key Figures in Counselling and Psychotherapy series)

Michael Jacobs

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Praise for the First Edition:

‘This is the **Second Edition** of a book first published in 1992 as part of the Key Figures in Counselling and Psychotherapy series edited by Windy Dryden. It has proved a successful introduction to the life and work of Sigmund Freud: in this present edition Michael Jacobs takes the opportunity of the new translation of Freud now appearing to offer more suggestions about reading, particularly the papers of technique available through Virago's 2001 publication of the Standard Edition' - *The Journal of Analytical Psychology*

In refreshing contrast to most other books on Sigmund Freud, this is a highly accessible account of his life and ideas, which focuses on the relevance of Freud's work for contemporary approaches to counselling and psychotherapy.

The book provides an overview which is based firmly on Freud's own writings, but which goes far beyond a recapitulation of the existing literature, to offer fresh insights and some surprises, both about Freud the man and his theories. Written by bestselling author, Michael Jacobs and now fully updated for its **Second Edition, Sigmund Freud** presents and responds to the criticisms that Freud's work attracted, and charts his continuing influence in the 21st century.

This is highly recommended reading for those training in counselling and psychotherapy as well as those studying Freud in other contexts.

Michael Jacobs is a retired lecturer in Counselling Studies and bestselling author whose publications include (in the same series), D W Winnicott (SAGE, 1995) and Psychodynamic Counselling in Action, **Second Edition** (SAGE, 1999).

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